

## Crystal Springs United Methodist Church



# Spirit

Spring 2015

**Pastor: Rev. Hee-Soon Kwon**

**Contributors: The People of Crystal Springs Church**

**Editor: Laura Johnson**

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### Pastor's Corner

Dear Friends,

There is an inspiring story in the Middle East. I introduced this story some time ago. I thought that it might be a good idea to remind you again for our Lenten journey. A Sufi master had lost the key to his house and was looking for it in the grass outside. He got down on his hands and knees and started running his fingers through every blade of grass. His several disciples came along. They said, "Master, what is wrong?" He said, "I have lost the key to my house." They said, "Can we help you find it?" He said, "I'd be delighted." So they all got down on their hands and knees and started running their fingers through the grass.

As the sun grew hotter, one of the more intelligent disciples said, "Master, have you any idea where you might have lost the key?" The Master replied, "Of course, I lost it in the house." They all exclaimed, "Then why are we looking for it out here?" He said, "Isn't it obvious? There is more light here."

Somehow we have all lost the key to our house. We don't live there anymore.

The house in the parable represents happiness and happiness is intimacy with God, the experience of God's loving presence. Without that experience, nothing else quite works. What we experience is our desperate search for happiness where it cannot possibly be found. The key is not in the grass; it was not lost outside. It was lost inside ourselves. That is where we need to look for it. We all are looking for the key (happiness) in the wrong place. This is the human condition. Where are you looking for the key then?

Forty days of Lent sounds like a long time when we begin it. Then Holy week comes along. The beauty of the Lenten season is that it encourages and invites us to look deeply inside. It helps us to identify what is impeding our ability to find the key within. Early church tradition is rich in the wisdom of soul simplification. It offers a multitude of spiritual formation (disciplines). The season of Lent gives us the opportunity to be inspired to get closer to God. In order to deepen our relationship with God, we have to make our schedule simple first, otherwise we really don't have time for God. For the Holy week at least, would you

like to cancel a social event you had planned to attend? Notice how you feel when you deliberately withdraw from people. There are some benefits of adopting such disciplines to help us to taste simplicity, which will bring you joy and balance. You will taste real joy and happiness within. Let's celebrate Easter together with such blessings. I wish you a Happy Easter!

**Pastor Hee Soon**

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### Maundy Thursday Service, April 2

On Thursday, April 2nd at 6:00 pm, there will be a Seder Meal (pot luck) at the Fireside Room and a Tenebrae service at the sanctuary at Crystals Springs UMC. Please join us for this powerful evening service during which we remember Jesus's last meal with his friends in the Upper Room. For the pot luck meal, you may bring a middle eastern flavored food (bread, salad, or drink) to share or any other simple meal.

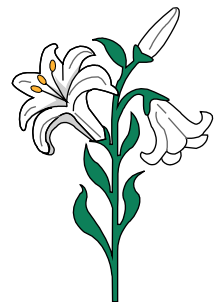
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### Good Friday Vigil, April 3

On Friday, April 3rd, between 2:00 p.m. and 8:00 p.m., there will be a Good Friday Vigil at Crystal Springs UMC. On this solemn day you may remember Jesus's death on the cross as an everlasting example of how God's love for us was literally 'to die for.' Please sign in when you come and sit in the presence of God at any time suggested and take pre-blessed Communion. Pastor Hee-Soon will be present the whole time.

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**HAPPY EASTER**



Easter Sunday services include a children's program and chancel drama.

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**Church Flea Market on April 25th, 2015**  
**8 a.m. – 2 p.m.**

Please spread the word! If you want to sell anything, you can buy a space. Or donate your unwanted items to our church table. You can drop it off anytime the week of April 25th. We will also have a barbecue at the flea market. We will need lots of volunteers.

**For pricing on Friday April 24th, 2015**

Set up at 7:30 a.m.

Clean up 2:30 p.m.

We will update with the details later.

**Little Dresses for Africa**

**Thursday, March 12, 1–4 p.m.**

**(2nd Thursday)**

**Thursday, April 16, 1–4 p.m.**

**Thursday, May 15**



Join Linda to make dresses for the children in Africa. You don't have to know how to sew to help.

—Linda Litz

**Wanted: Volunteer Bakers!!!**

We will be having a Bake sale in May for funds to support our Children's Ministry—and we need bakers!

Please help us! Email [fekauau@gmail.com](mailto:fekauau@gmail.com) or call Susana Pau at 650-255-0091.



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**Support Group for Caregivers**

Taking care of a family member is sometimes difficult. Communication with others that have had similar experience can help. Our support group meets every 3rd Monday at the Crystal Springs Church at the bottom of Bunker Hill Dr., 5:00–7:00 PM in the Fireside room. A caregiver is available to take care of your loved one while we talk. Our goal is to assist you in finding help, equipment and support.

In addition to the Monthly meetings on the 3rd Monday evening, we send information about available classes and helpful caregiving tips by e-mail.

**Dianne Weitzel 867-729 [kona\\_caves@juno.com](mailto:kona_caves@juno.com)**



**Easter Lilies**

*It's time to order Easter lilies to decorate the Sanctuary on Easter Sunday, April 5th. The cost is \$10.00 per plant.*

Please complete the form below and put it in the offering basket by Friday, April 3rd. Place your order, and include cash or a check marked "Easter Lilies" in the memo line.

Name \_\_\_\_\_

Quantity \_\_\_\_\_

In Honor of \_\_\_\_\_

In Memory of \_\_\_\_\_



## Steve's View

Since we now put out the newsletter every quarter instead of monthly, the changes that occur between issues are more pronounced. However, in that short time period the basic problems that plague us remain and continue to worry us even though changes do occur. Take, for example, the group ISIS. This group continues to outrage us and has gotten worse in the last quarter by beheading Christians, destroying ancient treasures, and expanding its operations into Africa. On the brighter side, thanks to Bob Berger, we now are able to do another play, which should bring in good crowds.

Through the magic of Facebook I've been able to have a long range discussion with a former director of the Players. The tenor of the discussions is similar to those we often see in Washington. He says some outrageous things of a political nature and when challenged with facts or different ideas responds without disputing either the facts or offering countering ideas. Not much understanding going on. His attacks on religion have been especially egregious. While it is fun to have political debates, after a while it isn't worth the effort when the other side doesn't hear you.

A disturbing trend in Washington is to try to get your way without subjecting your proposals to the will of the people, as expressed by their representatives in Congress. This has not been just the operating procedure of the current administration, although they have done their fair share—witness the recent immigration executive orders. But is the end result of having so many agencies with the authority to make rules and regulations without the assent of Congress. Sometimes, even when Congress puts restrictions on what an agency can do, it is ignored without challenge. Take, for example, that if new EPA rules will cost the economy above a certain amount the EPA is supposed to get approval of Congress before putting the rule into effect. The EPA gets around this by lowballing the effect of the rules.

All of this is an affront to the people. Subverting the will of the people is done in several ways. One is by issuing executive orders and another favorite ploy is to find a willing judge to rule in your favor—witness the current battle over gay marriage. When you have to push your rules into effect without the will of the people, sooner or later the people will rebel. Our own revolution was a good example of this. Now, the people getting their way in this fashion may have the best idea, but they are not willing to subject their idea to the back and forth necessary to build compromise. In other words, they are cheating. Abortion is another example. The Roe vs. Wade decision was made back in the seventies and we are still fighting the battle.

One of the things that is going right is the operation of the Worship Committee. The Committee has lots of voices and is willing to look at better ways of making the worship service better for the congregation. And I think they have succeeded.

January was a lost month for us. Both of us had various

ailments that kept us close to home except for the necessary doctor visits. The flu shot proved to be no match for the current bugs around. At least the stuff hit only after a Christmas visit to see the kids and grandkids. Met some interesting people at the family and friends Christmas dinner. The oldsters retreated to a quiet area in the house for dinner and conversation while the kids and dogs went to another spot. All survived. There was even a newborn boy there, the offspring of a neighborhood friend of our kids. Still had to take the long and boring ride to and from on I5.

We have been enjoying the antics of two ravens who have adopted us at home. I assume they are a pair because ravens mate for life. They come frequently when we have breakfast and sit in our oak tree and peer in the window, expecting stale bread or chips for their morning treat. Now, they don't fly away very far when we take something out to them as they used to do. However, they will eye the offering for some time before dropping out of the tree and sneaking up on their prey. Then they will carefully fit several pieces in their beaks and fly away to eat them before returning for more. I've been reading that ravens and crows have only recently adapted to a urban environment and are now regulars here.

Our hummingbird feeder has attracted other birds as well. The humming birds don't like it, but the chickadees that visit our bird seed feeder have developed a sweet "beak."

At least nature can be interesting despite all the chaos around



## Crystal Springs Players

After a hiatus of over three years we are about to put on another full-length play, opening in early May. The play, "Drop Dead" is a farce and should be a lot of fun for the actors and audience.

The inability to put on major plays is because we have been short of the people to do all the work required. Some of us are tired and we need new blood. Fortunately, Bob Berger, who acted in our Christmas play and in "The Boys Next Door" a number of years ago wanted to do the show and is willing to do a lot of the work and get others to assist. Brian Rausch and Linda Burnside agreed to be co-producers. So we are underway starting rehearsals in February. We have a number of new actors to us in the cast along with Pete Shearer and John Musgrave, who have acted with us before.

We have engaged some really talented young ladies to be the stage manager and lighting person. It's great to have new people who have not only energy, but talent as well.

**Samaritan House needs:** disposable diapers, baby food, nonperishable foods, personal hygiene products, toys, games, blankets, towels, used automobiles and trucks in good condition. Put food, etc. in the barrel in the Fireside Room.

## 24 Hours That Changed the World

Wednesdays, February 25–April 1, 7:00 P.M.

Led by 'Ivoni Maama

In his inspiring book *24 Hours That Changed the World*, Adam Hamilton guides us, step by step, through the last day of Jesus' life. Now, in a companion DVD that also functions beautifully on its own, we travel to the Holy Land with Hamilton to visit the sites where those events took place.

### Lenten Studies includes:

**The Last Supper**

**The Garden of Gethsemane**

**Condemned by the Righteous**

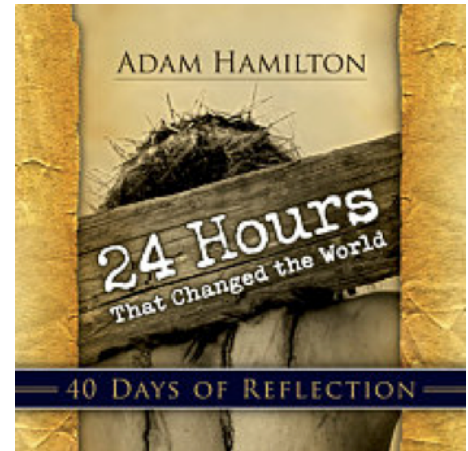
**Jesus, Barabbas, and Pilate**

**The Torture and Humiliation of the King**

**The Crucifixion**

**Christ the Victor**

\*Place: Hosting home (Please contact the office if you wish to host a class.)



## DROP DEAD!

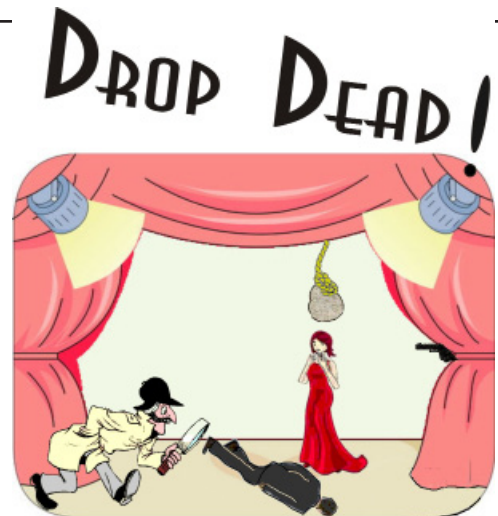
A farce by Billy Van Zandt and Jan Milmore

May 1, 2, 7, 8, 9 at 8:00 PM

May 3 at 7:00 PM

Director Bobby Berger

This hilarious play-within-a-play stars an ensemble of dysfunctional actors and staff who strive to resurrect their careers in a murder mystery-within-a-murder-mystery.



### Cast

**David Euresti**  
**Debra Bentley**  
**Jennifer Ellington**  
**Jim Letchwarth**  
**John Musgrave**

**Kris Carey**  
**Marilyn Letchwarth**  
**Nancy Hahn**  
**Pete Shearer**  
**Shari Lewis**

### Tickets

Regular \$20 Senior/Students \$18

For reservations, call 650-345-2381

# Centering Prayer Meditation

At Crystal Springs UMC

[www.csumchurch.com](http://www.csumchurch.com)

2145 Bunker Hill Drive, San Mateo, CA 94402

led by Pastor Hee-Soon, Ph.D

Workshop Schedule (Introductory), 2015  
(Thursdays, 7:00 - 9:00 PM)

March 20th, May 14th, July 16th, September 24th, November 19th

Regular Meditation Group Meetings: Mondays (7:00 p.m.–8:00 p.m.)  
& Thursdays (9:00 a.m.–10:00 a.m.) at Crystal Springs UMC.

All newcomers to meditation are welcome to attend.

\*All workshops and meditation group meetings are free of charge.

Are you interested in learning how to quiet your mind and how to become more centered in your daily life?

Centering Prayer Meditation is a simple method of meditation, traditionally called contemplative prayer in Christianity. Contemplative Prayer is the opening of mind and heart—our whole being—to God, the Ultimate Mystery, beyond thoughts, words and emotions. The practice can offer a way to the rest in divine, calm and clarity to the hectic pressure of daily life.

This introduction to Centering Prayer Meditation includes both instruction and practice in meditation techniques that foster contemplative prayer and practice in your everyday life. During each session there will be a period of meditation followed by group discussion and questions.

**\*\*Registration can be made through the church via email: [crystalspringsumc@gmail.com](mailto:crystalspringsumc@gmail.com)  
or (650)-345-2381, For further information contact: Rev. Hee-Soon (650)390-7036.**

**Please refer to the website: [www.csumchurch.com](http://www.csumchurch.com)**

Rev. Hee-Soon Kwon, Ph. D, is the Pastor of Crystal Springs United Methodist Church. She is a spiritual director, retreat leader, psychologist and has practiced Centering Prayer Meditation for nearly 20 years. She was a professor at Methodist Theological University in Seoul, Korea. She has written many articles and translated several books related to this field into Korean. She also holds the Master of Counseling Psychology & Ph. D in Transpersonal Psychology.



## The Magic Flutes Concert The Xtreme Group

Sun March 22 at 2:00 P.M.

Directed by Pamela Ravenelle

Selections include, “Romanian Folk Dances” by Bela Bartok and “Jesu, Joy of Man’s Desiring” by J.S. Bach. Magic Flutes plays regularly all over the SF Bay area.

**Tickets \$10  
Refreshments**



**STEWARDSHIP**  
**Prayers, Presence, Gifts and Service**

**Prayers**



Toa & Messiah Walker, Joy & Family, Linda Roth & Family, Ray Molencupp & Family, John Nelson, Sivale & Family, Nancy Tamburello, Erica Spinelli, Kathleen Wynne & Family, Judy Riedy, J.J. Orecchia & Family, Nancy Nixon, Jim Higgins & Family, Drake Rogers, Marcia Eves, Marilyn, Steve, Jennifer, David, Vivian Lin, Ethel Schwartz, Christine Feagin & Family, Nancy Kronovich, Marjorie Carroll, William, Terry, Matthew Christy, Jan Ryan, Kim Leeds, Juan Walker & Family, Sarah Crane, Barbara Phillips & Family, Araceli Martinez, Fergusons, Esther Kim, Bill, Carl, the Middle East, Our Troops, Our Government, North Korea.

**Presence**

(Attendance at church service)

**Finances**

Crystal Springs receipts/income for January and February of 2015 was \$16,178 and our expenses were \$14,788.

12/7	58	1/11	42	2/15	46
12/14	81	1/18	51	2/22	38
12/21	61	1/25	39		
12/24	62	2/1	40		
12/28	33	2/8	38		
1/4	46				

**Please! Use the Buckets!**

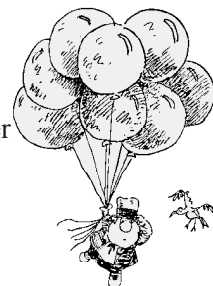
At each door at the end of each service, you'll find a small bucket (small so you can fill it!). The idea is to bring your pocket change to church to put into the buckets for Apportionments. While "small change" will in no way pay our Apportionments, it will go a long way toward reminding us of our share of A-Portion-Meant for others.

***Our Purpose***


*To be a caring Church family that nurtures creative spiritual growth within ourselves and the community.*

**March, April, May Birthdays and Anniversaries**

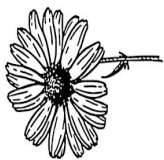
Mar. 2	CJ Nobs	Apr. 14	Jenny Shearer
Mar. 5	Erica Wynne	Apr. 15	Carrie Branam Rutherford
	Linda Burnside	Apr. 18	Hong Ki Kim
Mar. 16	Jeffrey Madden		Susana Pau
	Ineke Bolander	Apr. 20	Conor Johnson
Mar. 20	Le Kelson	Apr. 22	Emma Kurr
	David Anton	Apr. 28	Barbara Phillips
Mar. 21	Bryan Schultz	Apr. 28	Wynona Saelua
Mar. 22	Virginia Spinelli	Apr. 29	Devon Mobley-Ritter
Mar. 24	Ingrid & Eric Himke (A)	May 2	Kathleen Wynne
Mar. 27	Gloria & Andy Coltart (A)	May 12	Linda Litz
Apr. 6	Drew Madden	May 29	Frankie Saelua
Apr. 9	Gabrielle Wynn	May 30	Helen Kim
	Alexandria Saelua		Mele Veamatahau
Apr. 11	Andy Coltart		



# March 2015

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
<b>1</b> 10:00 a.m. 2 <sup>nd</sup> Sunday in Lent 11:00 a.m. Fellowship 11:30 a.m. Bell Choir Rehearsal	<b>2</b> 7:00 p.m. Centering Prayer Meditation	<b>3</b> 7:15 p.m. Choir Rehearsal	<b>4</b> 7:00 p.m. Lenten Studies 7:30 p.m. GGRO	<b>5</b> 9:00 a.m. Centering Prayer Meditation 7:00 p.m. AA	<b>6</b> 6:30 p.m. Chick Flicks and Chocolate Night 7:00 p.m. AA	<b>7</b> 9:00 a.m. Church Work Day
<b>8</b> 10:00 a.m. 3 <sup>rd</sup> Sunday in Lent *Friends Sunday 11:00 a.m. Fellowship 11:30 a.m. Bell Choir Rehearsal	<b>9</b> 7:00 p.m. Centering Prayer Meditation	<b>10</b> 7:15 p.m. Choir Rehearsal	<b>11</b> 7:00 p.m. Lenten Studies 7:30 p.m. GGRO	<b>12</b> 9:00 a.m. Centering Prayer Meditation 1:00 p.m. Little Dresses for Africa 4:45 p.m. Safe Harbor 7:00 p.m. AA	<b>13</b> 10:00 a.m. Coffee Break – Women’s Bible Study 7:00 p.m. AA	<b>14</b> 149:00 a.m. Prayer Breakfast
<b>15</b> 10:00 a.m. 4 <sup>th</sup> Sunday in Lent 11:00 a.m. Fellowship 11:30 a.m. Bell Choir Rehearsal 11:30 a.m. Worship- Ministries Meeting	<b>16</b> 5:00 p.m. Caregiver Support Group 7:00 p.m. Centering Prayer Meditation	<b>17</b> 7:15 p.m. Choir Rehearsal	<b>18</b> 7:00 p.m. Lenten Studies 7:30 p.m. GGRO	<b>19</b> 9:00 a.m. Centering Prayer Meditation 7:00 p.m. Trustees Meeting 7:00 p.m. AA	<b>20</b> 7:00 p.m. Centering Prayer Meditation Workshop 7:00 p.m. AA	<b>21</b> 9:00 a.m. Prayer Meeting with Pastor
<b>22</b> 10:00 a.m. 5 <sup>th</sup> Sunday in Lent 11:00 a.m. Fellowship 11:30 a.m. Bell Choir Rehearsal 11:30 a.m. SPRC 2:00 p.m. Magic Flutes	<b>23</b> 7:00 p.m. Centering Prayer Meditation	<b>24</b> 7:15 p.m. Choir Rehearsal	<b>25</b> 7:00 p.m. Ad Board Meeting 7:30 p.m. GGRO	<b>26</b> 9:00 a.m. Centering Prayer Meditation 7:00 p.m. AA	<b>27</b> 10:00 a.m. Coffee Break – Women’s Bible Study 7:00 p.m. AA	<b>28</b> 9:00 a.m. Prayer Meeting with Pastor
<b>29</b> 10:00 a.m. Palm Sunday 11:00 a.m. Fellowship 11:30 a.m. Bell Choir Rehearsal	<b>30</b> 7:00 p.m. Centering Prayer Meditation	<b>31</b> 7:15 p.m. Choir Rehearsal				

# April 2015

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
						
<b>5</b> 10:00 a.m. Easter Sunday 11:00 a.m. Fellowship 11:30 a.m. Bell Choir Rehearsal	<b>6</b> 7:00 p.m. Centering Prayer Meditation	<b>7</b> 7:15 p.m. Choir Rehearsal	<b>8</b> 7:30 p.m. GGRO	<b>9</b> 9:00 a.m. Centering Prayer Meditation 4:45 p.m. Safe Harbor 7:00 p.m. AA	<b>10</b> 10:00 a.m. Coffee Break – Women’s Bible Study 7:00 p.m. AA	9:00 a.m. Church Work Day
<b>12</b> 10:00 a.m. 2 <sup>nd</sup> Sunday of Easter 11:00 a.m. Fellowship 11:30 a.m. Bell Choir Rehearsal	<b>13</b> 7:00 p.m. Centering Prayer Meditation	<b>14</b> 7:15 p.m. Choir Rehearsal	<b>15</b> 7:30 p.m. GGRO	<b>16</b> 9:00 a.m. Centering Prayer Meditation 1:00 p.m. Little Dresses for Africa 7:00 p.m. Trustees Meeting 7:00 p.m. AA	<b>17</b> 6:00 p.m. Home & Hope 7:00 p.m. AA	<b>18</b> 9:00 a.m. Prayer Meeting with Pastor
<b>19</b> 10:00 a.m. 3 <sup>rd</sup> Sunday of Easter 11:00 a.m. Fellowship 11:30 a.m. Bell Choir Rehearsal 11:30 a.m. Worship-Ministries Committee Meeting	<b>20</b> 5:00 p.m. Caregiver Support Group 7:00 p.m. Centering Prayer Meditation	<b>21</b> 7:15 p.m. Choir Rehearsal	<b>22</b> 7:30 p.m. GGRO	<b>23</b> 9:00 a.m. Centering Prayer Meditation 7:00 p.m. AA	<b>24</b> 10:00 a.m. Coffee Break – Women’s Bible Study 7:00 p.m. AA	<b>25</b> 9:00 a.m. Prayer Meeting with Pastor *Flea Market
<b>26</b> 10:00 a.m. 4 <sup>th</sup> Sunday of Easter 11:00 a.m. Fellowship 11:30 a.m. Bell Choir Rehearsal 7:00 p.m. Press Preview of Drop Dead	<b>27</b> 7:00 p.m. Centering Prayer Meditation	<b>28</b> 7:15 p.m. Choir Rehearsal	<b>29</b> 7:30 p.m. GGRO	<b>30</b> 9:00 a.m. Centering Prayer Meditation 7:00 p.m. AA 7:30 p.m. Preview of Drop Dead		



# May 2015



<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
					<b>1</b> 7:00 p.m. AA 8:00 p.m. Drop Dead Performance	<b>2</b> 9:00 a.m. Church Work Day 8:00 p.m. Drop Dead Performance
<b>3</b> 10:00 a.m. 5 <sup>th</sup> Sunday of Easter 11:00 a.m. Fellowship 11:30 a.m. Bell Choir Rehearsal 7:00 p.m. Drop Dead Performance	<b>4</b> 7:00 p.m. Centering Prayer Meditation	<b>5</b> 7:15 p.m. Choir Rehearsal	<b>6</b> 7:30 p.m. GGRO	<b>7</b> 9:00 a.m. Centering Prayer Meditation 7:00 p.m. AA 8:00 p.m. Drop Dead Performance	<b>8</b> 10:00 a.m. Coffee Break – Women’s Bible Study 7:00 p.m. AA 8:00 p.m. Drop Dead Performance	<b>9</b> 9:00 a.m. Prayer Breakfast 8:00 p.m. Drop Dead Performance
<b>10</b> 10:00 a.m. 6 <sup>th</sup> Sunday of Easter 11:00 a.m. Fellowship 11:30 a.m. Bell Choir Rehearsal	<b>11</b> 7:00 p.m. Centering Prayer Meditation	<b>12</b> 7:15 p.m. Choir Rehearsal	<b>13</b> 7:30 p.m. GGRO	<b>14</b> 9:00 a.m. Centering Prayer Meditation 4:45 p.m. Safe Harbor 7:00 p.m. AA 7:00 p.m. Centering Prayer Meditation Workshop	<b>15</b> 7:00 p.m. AA	<b>16</b> 9:00 a.m. Prayer Meeting with Pastor
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<b>24</b> 10:00 a.m. Pentecost 11:00 a.m. Fellowship 11:30 a.m. Bell Rehearsal	<b>25</b> 7:00 p.m. Centering Prayer Meditation	<b>26</b> 7:15 p.m. Choir Rehearsal	<b>27</b> 7:00 p.m. Ad Board Meeting 7:30 p.m. GGRO	<b>28</b> 9:00 a.m. Centering Prayer Meditation 7:00 p.m. AA	<b>29</b> 7:00 p.m. AA	<b>30</b> 9:00 a.m. Prayer Meeting with Pastor
<b>31</b> 10:00 a.m. Trinity Sunday 11:00 a.m. Fellowship 11:30 a.m. Bell Rehearsal						

## Coffee Break

### Women's Bible Study: NOOMA Series

NOOMA is a series of short films (12 minutes) that explore our world from the perspective of Jesus. NOOMA is an invitation to search, question, and join the discussion.

*\*The name NOOMA comes from the phonetic spelling of the Greek word πνευμα (pneuma), meaning "wind," "spirit" or "breath."*



## Coffee Break

**Date: 2/27 (Friday), and Every Other Friday**

**Time: 10:00 A.M.–11: 30 A.M.**

**Place: Fireside Room at Crystal Springs United Methodist Church**

**Leaders: Pastor Hee-Soon & Ellie**

**\*Anybody is welcome. It is free. Snacks and coffee will be available.**

**Take a Little Coffee Break with us!!**

**Example: 1st Topic – "Rain"**

**(Film: Approx. 11 minutes)**

"Things don't always work out the way we want them to, or the way we think they will. Sometimes we don't even see it coming. We get hit with some form of pain out of nowhere leaving us feeling desperate and helpless. That's the way life is. Still, it makes us wonder how God can let these things happen to us. How God can just stand by and watch us suffer. Where is God when it really hurts? Maybe God is actually closer to us than we think. Maybe it's when we're in these situations, where everything seems to be falling apart, that God gets an opportunity to remind us of how much he really loves us."

## CRYSTAL SPRINGS

### United Methodist Church

2145 Bunker Hill Drive

San Mateo, CA 94402

Spring 2015

