

## Crystal Springs United Methodist Church



# Spirit

March/April 2013

**Pastor: Rev. Hee-Soon Kwon**  
**Contributors: The People of Crystal Springs Church**  
**Editor: Laura Johnson**  
**Web Site: [www.csumc.org](http://www.csumc.org)**

2145 Bunker Hill Drive  
San Mateo, CA 94402  
(650) 345-2381  
E-mail: [csumc@pacbell.net](mailto:csumc@pacbell.net)

### Pastor's Corner

Dear Friends,

Happy Easter to everyone! Christ is truly risen!

The peace and joy of the Risen Christ be with you! As we celebrate Easter, let us proclaim the good news: The source of life is the Risen Christ! Christ, our hope, is risen! We rejoice as Easter people because God has claimed us, named us, loved us, and renewed us as a family of faith, Crystal Springs United Methodist Church. Unfortunately, with so much going on it is hard to see Easter as anything more than just another holiday and another family dinner. It was meant to be a whole new Road. Easter is the perfect time to rethink the road you are on, where it is leading, and whether it is where you want to go. I wish we had a natural sense of direction such as an internal GPS. Easter is an invitation to experience life as it was meant to be. As a church community we are committed to having the journey of faith God has prepared for us to share the joys and concerns, and marvel at the wonders and surprises that be ahead. Our Lenten journey started from Ash Wednesday, focusing on "Forgiveness" with Sunday messages, Lenten studies, and chancel dramas. We are so grateful for your prayers and support so that we have all the blessings for the ongoing ministry of Crystal Springs UMC. Please join us for uplifting and powerful services as following.

I wish you a Blessed Easter.

In Christ,

**Pastor Hee-Soon**

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### "Learning to Use My Bible Class" for 3rd graders and older children

Encourage children to take an interest in the Bible, and help them make it their lifelong companion.

**Sundays 3/10 – 4/21, 10:15–11:00 a.m.**

Taught by Johanna Anton & Marsi O'Malley-Riley



**Palm Sunday, March 24th – 10:00 a.m.**

**\*Drama Service**

**Maundy Thursday, March 28th – 6:30 p.m.**

**\*Drama Service with Sedar Meal (Pot Luck)**

Please join us for this powerful evening service where we remember Jesus's last meal with his friends in the Upper Room. (You may bring any simple meal or middle eastern flavored food: bread, salad, or drink to share.)

**Good Friday Vigil, March 29th – at any time  
between 12:00 p.m. to 8:00 p.m.**

**\*On this solemn day you may remember  
Jesus's death on the cross as an everlasting  
example of how God's love for us was literally  
'to die for.'** Please sign up when you come and sit in the presence of God at any time suggested and take pre-blessed Communion.

**Holy Saturday, March 30th – Half Day Retreat,  
9:00 a.m. to 12:00 p.m.**

Take time to fast from your busy and sometimes overwhelming life.

**Easter Sunday, March 31st – 10 a.m.**

**\*Easter Drama Service, Special Music**

**Christ is Risen! Let's celebrate together!**

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### Caregiver Group Meets Monday, March 18 and Monday, April 15

The Caregiver Support Group meets in the Fireside room at 5 p.m. This group meets every third Monday to help caregivers find help with meeting the needs of taking care of someone with an illness. We provide a helper to be with your loved one, in a nearby room, while you are in our discussion group. Handicapped parking is available up the hill beside our room. —Dianne Weitzel

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### Little Dresses for Africa

Thursday, March 21, 1–4 p.m.

Thursday, April 18, 1–4 p.m.

Join Linda to make dresses for the children in Africa. You don't have to know how to sew to help.



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### Volunteer for Home & Hope

HOME & HOPE offers homeless families safe, nurturing, shelter and support while working to regain their self-sufficiency.

Our church has agreed to provide meals and people to serve and stay overnight at Hillsdale UMC a few times a year. We need coordinators and volunteers for our dates.

There will be a Volunteer Training on March 26 at 6:30 (location to be determined). Please see Linda Litz (650-591-5041) for more information.

### Masterworks Chorale

Masterworks Chorale joins with Ragazzi Boys Chorus to present John Rutter's Mass of the Children, an uplifting work by one of the world's most popular choral composers. Full of gentleness, deep feeling and joy, it combines the voices of children, adults, and soprano and baritone soloists singing English and Latin texts. Masterworks and Ragazzi will also be featured separately in other works, including Ticheli's "There Will Be Rest," a serenely beautiful piece on a poem by Teasdale, as well as Mendelssohn's "Laudate Pueri" for treble choir, the vibrant American folk song "Hark, I Hear the Harps Eternal," Moses Hogan's exciting arrangement of the spiritual "Didn't My Lord Deliver Daniel?" and an arrangement of "Greensleeves" by Jameson Marvin of Harvard Glee Club. Don't miss this beautiful and inspiring musical event!

Where: Carlmont Performing Arts Center  
1400 Alameda de las Pulgas, Belmont  
When: Saturday March 23 8 PM  
Sunday March 24 4 PM  
Tickets: \$20 advance purchase  
\$25 at the door  
\$10 with student ID

Click or call today! [www.masterworks.org](http://www.masterworks.org)  
650-574-6210

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### Wesley Academy Monthly Seminar

**Led by Rev. Hong Ki Kim, Ph. D. (Former Professor and President at Methodist Theological University, taught Wesleyan Studies & Church History, and has written several books related to the area)**

This Seminar will be a study & discussion about the Methodist way of spirituality and theology: the historical theological background of John Wesley's theological relationship with Augustin, Luther, Calvin and Eastern Orthodox Church. The order of salvation: Wesley's understanding of prevenient grace, repentance, justification, regeneration, sanctification, social sanctification, perfection (entire sanctification), and a class meeting (small group meeting).

**Seminar 2 – March 15th (Fri), 7:00-9:00pm at Sanctuary**

**Seminar 3 – May 31st (Fri), 7:00-9:00pm at Sanctuary**

**Seminar 4– June 14th (Fri), 7: 00-9:00pm at Sanctuary**

**Please register at Crystal Springs United Methodist Church  
(650)-345-2381 or [csumc@pacbell.net](mailto:csumc@pacbell.net)**





## STEVE'S VIEW

*Matthew 22:21: Render therefore unto Caesar the things which are Caesar's; and unto God the things that are God's.*

We seem to be rendering more to Caesar than God these days. Caesar's grasp of us has been ever increasing. For some people, particularly in California, that means over 50% of income that heads toward Caesar. Sure, most of us don't feel that kind of pain—yet.

That's not the worst of it though. Almost any time you turn around you are accosted by a huge bureaucratic nightmare of regulation based on how a few people in faraway places think something should be handled.

Tried to buy a 100 watt bulb lately? How about a reasonably flowing shower head? Obviously, we do this to save the planet. Someone in Washington said so. And these are just the minor irritants.

The more money we give, the more regulations we get. The more power we give an agency, the more they want. Of course, they are experts and know what is good for us. And we don't even elect these people. Congress gives them power and then either absolves themselves from oversight or the agency just ignores what is required of them.

The EPA is one of the worst offenders. They are supposed to have Congress decide if a regulation is warranted if it will cost the economy more than a certain amount. Of course, the EPA low balls the number and puts the regulation into effect. Calling CO2 a pollutant is another power grab, since it doesn't meet the criteria described by law.

The courts have, fortunately, gotten involved when the EPA exceeded their authority involved with fracking. They even cheated with their data used in the court case. The EPA lost for now.

The IRS tried a power grab as well by trying to regulate tax preparers and license them. The court said they had no authority to do this and slapped their hands.

Try to deal with water on your land and you are in very delicate position. Fill in a swampy area and you may be guilty of violating all sorts of regulations. There have been many horror stories of abuse that have deprived the land owner of the use of his land. And if you have what is labeled an area that might be the home of a specie that might be endangered, look out.

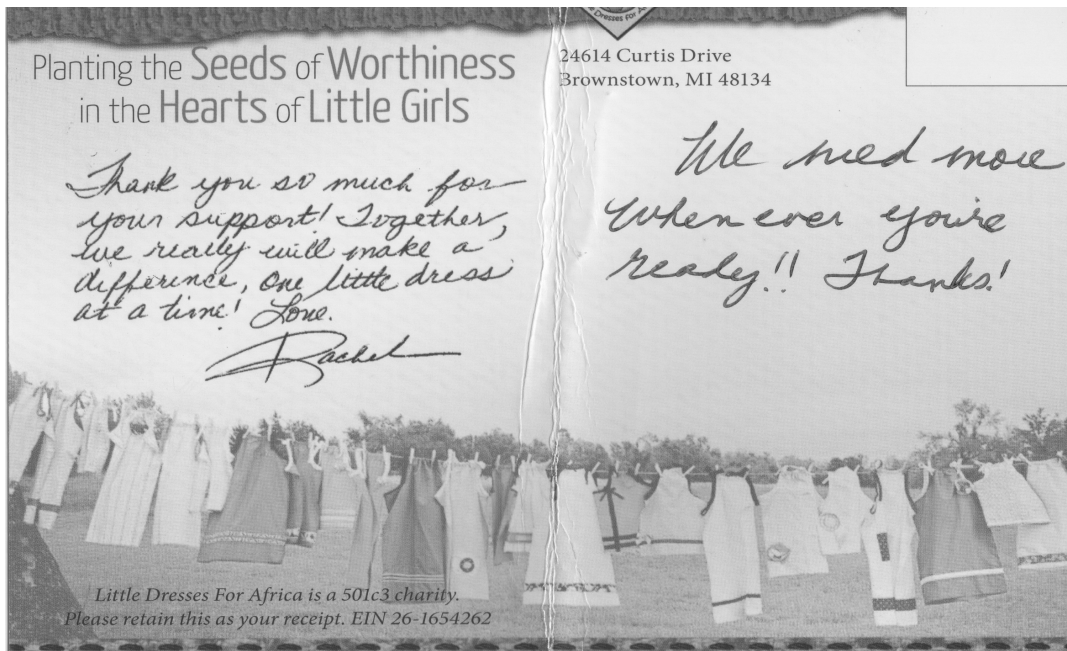
A major part of the problem is that an impersonal bureaucracy far away can not possibly deal with local problems like the locals can. The first problem is that the rule maker may not be an expert. And they can not possibly have a grasp of the local issues involved. Who do you think is best equipped to get someone off welfare and back on the job; a bureaucrat who is following a rule book with no deviations or someone local who knows the person and all the issues involved with that person? The answer is obvious.

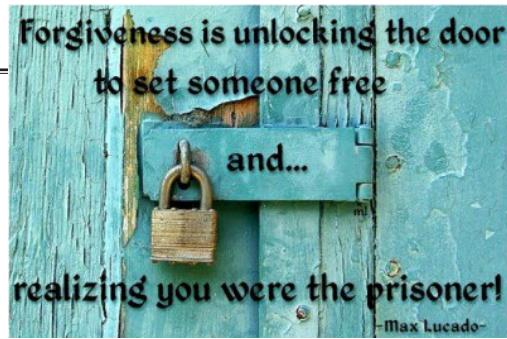
Obamacare will be another mess that takes away personal freedom to chose what is best for an individual. Yes I know it will get more people covered by insurance. But will that insurance be what that person needs and wants? One size will fit all. Of course none of the insurance will guarantee that the doctors will be there to provide treatment. This whole thing is just another example of others knowing what is good for us and telling us we will like it.

Education is another arena where all sorts of restrictions are added by the Feds. The draw of course is the money they give to the schools. Had that money not been taken from the states in the first place there would be better accountability and probably more money to use as well. The Feds know best? I doubt it.

Most people don't realize it but the Federal government did

*(continued on page 8)*





## Healing Your Pain So You Can Forgive, and Remember

By Kathleen Maxwell

During Lent people are often challenged to give up something. When someone we once loved, trusted, or admired hurts us, the pain can last a lifetime. Intellectually, you know you should forgive the other person, but until you go through an appropriate process, forgiving someone might not be possible. This workshop explores forgiveness with stories of real people forgiving each other for real transgressions. Each week a different forgiveness technique will be shared. You will learn how to create a forgiveness practice that supports you and increases your compassion for yourselves and others. You are welcome at as many sessions as you can attend. Each week we will look at recovering from a different type of pain:

**Feb 24 Forgive pain and disappointment caused by a family member living or dead.**

**Mar 3 Forgive intimate betrayal. Rebuilding trust.**

**Mar 10 What to do when those you love judge you as lacking or steal your dreams. Surviving a painful personal attack by someone you know or a stranger.**

**Mar 17 Forgive ourselves and God when we fail because we procrastinated or miscalculated.**

**Mar 24 The step beyond forgiveness. How to transform and become more than you were**

The workshop will be led by Kathleen Maxwell, Certified Hypnotherapist and author of the upcoming book *Healing Your Pain, So You Can Forgive, and Remember*.

Come and join us in the Fireside room of Crystal Springs United Methodist Church., 2145 Bunker Hill Drive, San Mateo, CA 94402. Sundays from 1-3 p.m.

**Sunday, March 10, 2013 at 7:00 p.m.**

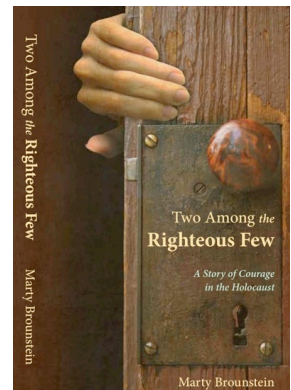
## An Interfaith Story of Courage and Compassion

Come hear an engaging presentation by Bay Area author Marty Brounstein on his book, *Two Among the Righteous Few: A Story of Courage in the Holocaust*.

It is a remarkable true story of interfaith compassion, courage, and rescue, involving a Christian couple in the Netherlands who saved the lives of at least two dozen Jews during World War II and the Holocaust.

**Crystal Springs UMC  
2145 Bunker Hill Drive  
San Mateo, CA 94402  
(650) 345-2381**

**Tickets: \$10 for a mission project**



**STEWARDSHIP**  
**Prayers, Presence, Gifts and Service**

**Prayers**



Bill Seivert, Alexia Stoddard, Tino Tuisasosopo, Liliena Maama Pepa, Helen Kim, Laura Johnson, Rogers Family, Pat Allen, Ivoni Maama, Paula Schlichter, Ferguson Family, Mike Riedy, Judy's sister Linda, Nancy Matthews and family, Lamb family, Cheryl Pierson, Pat Leake, Christina Brown, John Hauser, William Orecchia, Sunny Hong, Sarah Crane, CJ Nobs, Sally Streeter, Russ Brown, Lois Scott, Ken Fortich, Barbara Phillips, Helen and Doug Snowden, Kathy Ross and Family, Nancy Cecil and Family, Kate Musgrave, Kathy Chichester, Uncle Bob Hord and Family, Nancy Tamburello, Neil, Victor, Clint, Sharon, Keira and Jace Endocott, Greg and Katie Shields, Tyke Glaser, Bryce, Seb, Carolyn Humbel, Juan Walker, Arlene Salt, Elisa, Kira, Lorraine Trombino, Bob Eaton, Family of Earl Blake, Charlie, Dan Alfano, Nel Jordan, Carl & Ann, Ann Thomas & family, The Barrons, Dr. Lowe, Olivia, Bryce Vaysberg, Esther Kim, Paul Gonzalez, Linda and Eric Bickel, Our Troops, Our Government.

**Finances**

The total cash recieved during 2012 was \$155,846.30.  
 Total cash paid out was \$147,305.99.

**Presence**

(Attendance at church service)  
 1/6 42  
 1/13 48  
 1/20 35

**Please! Use the Buckets!**

At each door at the end of each service, you'll find a small bucket (small so you can fill it!). The idea is to bring your pocket change to church to put into the buckets for Apportionments. While "small change" will in no way

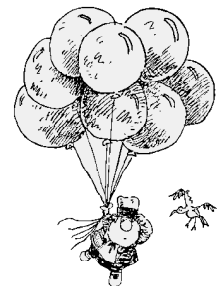
**Samaritan House needs:** disposable diapers, baby food, nonperishable foods, personal hygiene products, toys, games, blankets, towels, used automobiles and trucks in good condition. Put food, etc. in the barrel in the Fireside Room.

***Our Purpose***

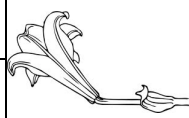
*To be a caring Church family that nurtures creative spiritual growth within ourselves and the community.*

**March and April Birthdays and Anniversaries**












Mar. 2	CJ Nobs	Apr. 9	Garielle Wynne
Mar. 5	Erica Wynn	Apr. 11	Andy Coltart
Mar. 8	Sally Shoup		Jeanne Weiglin
Mar. 21	Bryan Schultz	Apr. 14	Jenny Shearer
Mar. 21	Leslie & Wade Braker (A)	Apr. 20	Conor Johnson
Mar. 22	Virginia Spinelli	Apr. 22	Emma Kurr
Mar. 27	Gloria & Andy Coltart (A)	Apr. 26	Barbara Phillips
Apr. 6	Drew Madden		



March 2013						
<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
<p>10:00 a.m. 3<sup>rd</sup> Sunday in Lent 11:00 a.m. Fellowship 1:00 p.m. – 3:00 p.m. Forgiveness Class</p>	<p>3:30 p.m. Children's Dancing 7:00 p.m. Centering Prayer Meditation</p>	<p>7:00 p.m. AA 7:30 p.m. Choir Practice</p>	<p>9:00 a.m. Centering Prayer Meditation 7:30 p.m. GGRO</p>	<p>6:00 p.m. PUMA Meeting 7:00 p.m. AA</p>	<p>7:00 p.m. AA 7:30 p.m. Young Adult Bible Study</p>	<p>9:00 a.m. Prayer Breakfast 10:00 a.m. Church Work Day</p>
<p>10:00 a.m. 4<sup>th</sup> Sunday in Lent 11:00 a.m. Fellowship 1:00 p.m. – 3:00 p.m. Forgiveness Class 7:00 p.m. Lecture by Marty Brounstein</p>	<p>3:30 p.m. Children's Dancing 7:00 p.m. Centering Prayer Meditation</p>	<p>7:00 p.m. AA 7:30 p.m. Choir Practice</p>	<p>9:00 a.m. Centering Prayer Meditation 7:30 p.m. GGRO</p>	<p>4:45 p.m. Safe Harbor 7:00 p.m. AA</p>	<p>*Newsletter Deadline 7:00 p.m. AA 7:00 p.m. Wesley Academy 7:30 p.m. Young Adult Bible Study</p>	<p>2:00 p.m. – 4:00 p.m. PUMA Music Festival at Half Moon Bay</p>
<p>10:00 a.m. 5<sup>th</sup> Sunday in Lent 11:00 a.m. Fellowship 1:00p.m.- 3:00 p.m. Forgiveness Class</p>	<p>3:30 p.m. Children's Dancing 5:00 p.m. Care Giver Support Group 7:00 p.m. Centering Prayer Meditation</p>	<p>9:00 a.m. 2<sup>nd</sup> Harvest 7:00 p.m. AA 7:30 p.m. Choir Practice</p>	<p>9:00 a.m. Centering Prayer Meditation 7:30 p.m. GGRO</p>	<p>1:00 p.m. Making Little Dresses for Africa 6:30 p.m. Trustees Meeting 7:00 p.m. AA</p>	<p>7:00 p.m. AA 7:30 p.m. Young Adult Bible Study</p>	<p>7p.m. – 10 p.m. San Mateo County Astronomical Society</p>
<p>10:00 a.m. Passion/Palm Sunday 11:00 a.m. Fellowship 1:00p.m. – 3:00 p.m. Forgiveness Class</p>	<p>3:30 p.m. Children's Dancing 7:00 p.m. Centering Prayer Meditation</p>	<p>7:00 p.m. AA 7:30 p.m. Choir Practice</p>	<p>9:00 a.m. Centering Prayer Meditation 7:30 p.m. GGRO</p>	<p>6:30 p.m. Maundy Thursday Service 7:00 p.m. AA</p>	<p>Between 12:00 p.m. – 8:00 p.m. Good Friday Vigil 7:00 p.m. AA</p>	<p>9:00 a.m. – 12:00 p.m. Holy Saturday Half-Day Retreat</p>
<p>10:00 a.m. Easter Day (Drama Service) 11:00 a.m. Fellowship</p>	<p>3:30 p.m. Children's Dancing 7:00 p.m. Centering Prayer Meditation</p>	<p>7:00 p.m. AA 7:30 p.m. Choir Practice</p>	<p>9:00 a.m. Centering Prayer Meditation 7:00 p.m. AdBoard Meeting 7:30 p.m. GGRO</p>	<p>7:00 p.m. AA</p>	<p>7:00 p.m. AA</p>	<p>9:00 a.m. – 12:00 p.m. Holy Saturday Half-Day Retreat</p>



# April 2013

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
 10:00 a.m. 2 <sup>nd</sup> Sunday of Easter 11:00 a.m. Fellowship 11:30 a.m. Worship/Ministries Meeting	3:30 p.m. Children's Dancing  7:00 p.m. Centering Prayer Meditation	7:00 p.m. AA 7:30 p.m. Choir Practice	 9:00 a.m. Centering Prayer Meditation 7:30 p.m. GGRO	6:00 p.m. PUMA Meeting 7:00 p.m. AA	7:00 p.m. AA 7:30 p.m. Young Adult Bible Study	9:00 a.m. Prayer Breakfast 10:00 a.m. Church Work Day
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14 10:00 a.m. 3 <sup>rd</sup> Sunday of Easter 11:00 a.m. Fellowship 7:00 p.m. Centering Prayer Meditation Workshop	3:30 p.m. Children's Dancing 5:00 p.m. Care Giver Support Group  7:00 p.m. Centering Prayer Meditation	9:00 a.m. 2 <sup>nd</sup> Harvest 7:00 p.m. AA 7:30 p.m. Choir Practice	 9:00 a.m. Centering Prayer Meditation 7:30 p.m. GGRO	1:00 p.m. Making Little Dresses for Africa 6:30 p.m. Trustees Meeting 7:00 p.m. AA	*Newsletter Deadline 7:00 p.m. AA 7:30 p.m. Young Adult Bible Study	20
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28 10:00 a.m. 5 <sup>th</sup> Sunday of Easter 11:00 a.m. Fellowship 7:00 p.m. Centering Prayer Meditation Workshop	3:30 p.m. Children's Dancing  7:00 p.m. Centering Prayer Meditation	7:00 p.m. AA 7:30 p.m. Choir Practice	7:00 p.m. AA 7:30 p.m. Choir Practice	7:00 p.m. AA	7:00 p.m. AA 7:30 p.m. Young Adult Bible Study	
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## El Camino Real Leadership Event

Led by Rev. Kristie Olah, District Superintendent  
Preacher: "Your Call to Lead"

and Rev. Greg Bergquist, Conference Superintendent for Leadership Development leading a workshop and presentation: "Leading Through Change"

**Church leaders, church members and clergy are encouraged to attend.**

**OPEN TO ALL  
NO CHARGE  
TO ATTEND**

**Saturday, March 16, 8:45 am – 12:15 pm  
Almaden Hills UMC  
San Jose, CA 95118**

**To register: call the District Office (919) 374-1501 and register your name and the church you attend.**

*Remember, there is no charge for this event. Coffee, juice and pastries will be provided.*

*(Steve's View, from page 3)*

not have all this power until after WWII. Things really picked up after that with new agencies and new departments. Of course that required more money which we provided.

Now I don't know how best to deal with this problem. Neither party seems able to downsize this monolith. One doesn't

want to try and the other gives lip service, but not much action. What I feel is the right course of action though is to work on as many problems as possible close to the people involved.

Who knows, if we did this we might actually have more time and money to give to God.

—Steve Schlichter

**CRYSTAL SPRINGS  
United Methodist Church  
2145 Bunker Hill Drive  
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**March–April 2013**