### **Crystal Springs United Methodist Church**



# Spirit Summer 2014

Pastor: Rev. Hee-Soon Kwon

**Contributors: The People of Crystal Springs Church** 

**Editor: Laura Johnson** 

Web Site: www.csumchurch.com

2145 Bunker Hill Drive San Mateo, CA 94402 (650) 345-2381

E-mail: crystalspringsumc@gmail.com

#### **Pastor's Corner**

Summer has come already here. What is your plan for this summer? Summer is the season of growth. We are planning Vacation Bible School for children's growth. We are talking and praying about hiring a pastor for children's ministry. It is exciting! I am also planning a Summer Bible Study for July and August. Please anticipate it. I will be on vacation one week to visit Helen in Boston, for another week I will be on personal retreat to reflect and plan my ministry's next step. Actually, in summer the church as a whole enters into an extentded retreat/vacation from being busy hopefully to drop our Martha syndrome and to choose "the better part" like Mary. Augustine writes in his book of "confession": "You made us for yourself, and our hearts find no peace until they rest in you."

There is a story: One day God got tired of people. They were always asking for things. So he said, "I am going away to hide for a while." So he gathered all his advisers and said, "Where should I hide? Where is the best place for me to hide?" Some said, "Hide on the highest mountain peak on earth." Others said, "No, hide at the bottom of the sea; they will never find you there." Others said, "Hide on the other side of the moon; that is the best place. How are they going to find you there?" Then God turned to his most intelligent angel and asked him, "Where do you advise me to hide?" The intelligent angel smiled and said, "Go hide yourself in the human heart. That is the only place where they never go!"

This story is funny, but what this story says is very contemporary. You know the simple attention exercise (mindfulness or centering) I usually propose in my sermons. It takes you to your heart. It takes you back home. This is what it means to turn to the heart. You go

back home, you return to yourself, and in a very simple way. All you have to do is get in touch with the present moment—presence of God. But you have to do it for yourself. It will bring peace; your heart will be at peace and your fear will disappear. It has to be sought calmly. Do it and you will see.

Please come to the meditation group either on Monday evening at 7:00 p.m. or on Wednesday morning at 9:00 a.m. You may contact me at any time to ask me about Centering Prayer Meditation. Dalai Lama says, "Although attempting to bring about world peace through the internal transformation of individuals is difficult, it is the only way. Peace must first be developed within an individual. And I believe that love, compassion, and altruism are the fundamental basis for peace. Once these qualities are developed within an individual, he or she is then able to create an atmosphere

of peace and harmony.
This atmosphere can be expanded and extended from the individual to his/her family, from the family to the community and eventually to the whole world." Let's be more conscious of how we can be in the presence of God daily life for this summer.

Have a Great Summer! Blessings,

Hee Soon, Your Pastor

## **Vacation Bible School**

June 23–27, 5:45 PM to 8 PM.

CSUMC will be hosting Vacation Bible School June 23rd-June 27th.

Open to youths 3 years old through grade 12

Call (650) 345-2381 or visit http://www.csumc.org to register

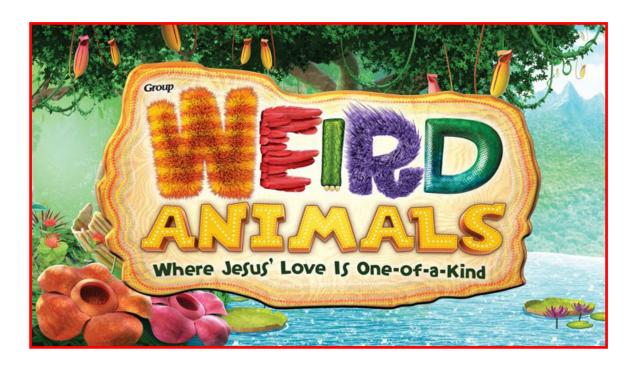
Registration deadline: Friday, June 13

Please tell your friends and family who have children who might like to attend—the more students, the better!

We also need help from teens and adults with putting up flyers in local communities, preparing and serving meals to the children, setting up, and cleaning up each evening.

Teachers and Teacher's Assistants are also needed. If you haven't already had one, a background check is required for all teachers and assistants, but not for volunteers. A sign up poster will be set up in the fellowship room after our Sunday service, and flyers for distribution are in the CSUMC office.

Please also email Ingrid Humke at iehumke@gmail.com if you would like to help out. Thank you, we hope that you can attend or help out!





#### **Congratulations to the Confirmands!**

This year's confirmation class was very successful. The confirmands were **Ben Kurr, Alexandria Saelua and Erica Wynne.** They learned about God, Jesus, Holy Spirit, Worship, the Bible, Death and Resurrection, Life in the Church, Faith Journey, Prayer and so forth.



#### **Crystal Springs Players**

For the Lenten season the Players performed "Whose Cross Is It Anyway," which had six segments. Many of our people were involved.

One of the projects we are evaluating is the radio play version of "It's A Wonderful Life." If it looks promising we would consider doing it for next Christmas. We may evaluate this play by having a reading some night.

We are still interested in doing a full length play, but the same problems remain: who will build the set along with the other jobs that need to get done. Thanks to the new website we have succeeded in drawing the interest of an outside person who would like to act with us.

—Steve Schlichter

help for our helpers

#### **Caregiver Group Meets**

5 to 7 P.M. the 3rd Monday each month

We will help you find answers and assistance to your difficulties in caring for your friend or family member. Rex will take care of your loved one in a nearby room during our meeting. Call me any time for more info or assistance. 650-867-7298.

—Dianne Weitzel



#### **Little Dresses for Africa**

Thursday, June 19, 1–4 p.m. Thursday, July 17, 1–4 p.m.

Join Linda to make dresses for the children

in Africa. You don't have to know how to sew to help.

—Linda Litz



#### STEVE'S VIEW

Since we don't have a newsletter every month it is easy to get out of practice writing a column. I don't know how regular columnists do this once or twice a week.

In any case, I've been thinking about what to write for several months. The

topic that keeps coming back again and again is the state of the country. Yes, I know that gets into politics, but then every thing does in one form or the other.

Rather than go on a rant, which would be very easy, I'll just say that our government these days is often law-less, has no appreciation of what people want, considers transparency a joke, has lost our respect in the world and is deep in what seems to be a new scandal every week. And unfortunately, they have little negotiating skills, which results in nothing getting done. End of rant, at least for awhile. Elections may change what happens in the future. We need grownups in Washington.

On the lighter side, I bowed to the pressure of age and, instead of continuing to use my garden boxes, I had raised beds added so I can sit to plant. What a difference they have made in getting the plants into the ground for this summer. Much easier to weed too. As usual, it is madding waiting for the first tomatoes of the season. At least the current heat has helped things along.

I have several friends that greet me as I go to the garden. Numerous blue belly lizards, one of which is growing a new tail, scamper out of the rocks to look me over and then go on their way. Two ravens make their appearance out front daily. They will often "caw" at us to put out some bread for them to eat. Ravens are the scavengers of the urban scene and smart ones at that. They find any offerings very quickly. They grab as many pieced as they can and take off to eat them somewhere.

We have just gone through the process of updating our wills, health directives and our trust. Not always nice to think about, but necessary and often interesting to learn what can happen when implemented. Deciding who has the power to pull the plug and when is not a fun subject to deal with either, but needs to be done to make it easier if the situation requiring it ever arrives. Such is life when you reach this age.

Another issue which we have just begun to wrestle with is to decide who gets what possessions. We have two sons who each have two kids. Deciding what are family heirlooms so they can be apportioned out is not an

easy task. The disposition of most of the stuff left will be decided by the kids, but there are some things that should go to a specific person because of their interests or desires. More difficult to determine what the youngest grandkids at this point will want though.

What I have done, thanks to digital photography and a nice program, is to catalog and inventory what we have. It is not just a listing but a record of where things came from and what significance and value they have. Some really test the memory, but we know the important things. Didn't mean much to kids when they were young, but that has changed as they age.

Another project is to start getting rid of a lifetime of accumulation of stuff. Much of the stuff saw good use in its day, but interests and capabilities change and now it is time for the stuff to go elsewhere. Hate to throw useful items out so Goodwill and others will benefit. Often difficult to find a home for some stuff, even though still useful.

Finally got around to putting all our slides, taken before we switched to photos and then to digital, in order and then had them digitized. Much easier to handle than the old slides. In this form each kid can have a set of the scanned slides which is a history of their early life.

Now, back to politics or rather foreign policy. I'm very concerned about the state of our Naval forces. The cutbacks in the number of ships will mean an serious reduction in the Navy's capabilities. Yes, our current ships are technological marvels, but we have a lot of water to cover, given all the problems the world has. You need a lot of ships to do that.

Enough of the rants and discussion of the life of a senior. Good night.

-Steve Schlichter

**Samaritan House needs:** disposable diapers, baby food, nonperishable foods, personal hygiene products, toys, games, blankets, towels, used automobiles and trucks in good condition. Put food, etc. in the barrel in the Fireside Room.

#### **Recycle Ink Cartridges**

Please bring in empty ink cartridges to the church office for recycling. The church receives \$2 for every cartridge we recycle.

#### **STEWARDSHIP**

#### Prayers, Presence, Gifts and Service

#### **Prayers**



Ann Sammut, Kim Cooper, Marilyn Pearl, Joon Song, Kirsten and Ray Molencupp, Messiah & Toa Walker, Leslie and Les Brown, Omar B., Kathleen Trombino, J.J. Orecchia, William, Terry, Joe, Joseph Patrick Sheredon, Children's ministry, Juanita Christy, Matthew Christy, Delba and Donya Youseli, Howie Odessky, 'Ivoni, Lavili, Fehoko, Angela Chung, Carol Griffin, Barbara Parker, Cathy Little, Cosette Trombino Zugale, Sarah Crane, Barbara Phillips & Family, Araceli Martinez, James Goodwin, Eric Rivello, Kurt Andersen, Rick Vernali, Tony Gasperich, Carl, Bill, Paula, Paul, Phil Riedy, Nancy Tamburello, Sally Brown, Fergusons, Confirmands (Alexandria, Benjamin, Erica, Victor), Esther Kim, Our Troops, Our Government, North Korea, Iran, China, Syria, Egypt, Philippines, Ukraine.

#### Presence

(Attendance at church service)

2/2	52	3/2	80	3/30	52	4/27	46
2/9	48	3/9	47	4/6	40	5/4	76
2/16	55	3/16	46	4/13	48	5/11	70
2/23	52	3/23	64	4/20	78	5/18	42

#### Please! Use the Buckets!

At each door at the end of each service, you'll find a small bucket (small so you can fill it!). The idea is to bring your pocket change to church to put into the buckets for Apportionments. While "small change" will in no way pay our Apportionments, it will go a long way toward reminding us of our share of A-Portion-Meant for others.

#### Our Purpose

To be a caring Church family that nurtures creative spiritual growth within ourselves and the community.

	June, July and Augu	ıst Birth	idays and Anniversaries
June 6	Inger Aadahl	July 1	Laura Johnson
June 7	Dick Madden	July 13	Inger & Jorg Aadahl (A)
	Steve Mattes	July 14	Paula & Steve Schlichter (A)
June 8	John Musgrave	July 17	Pat Leake
June 10	Andrew Norman	July 26	Jennifer & Steve Mattes (A)
June 12	Tamara & Matt Rodney (A)	July 28	Sarah Crane
June 13	Jeanette Hobbs	July 30	Elizabeth & Vince Kurr (A)
June 15	Paula Schlichter	July 31	Jenny Franklin
	Idia & Jay Gay (A)	Aug. 7	Scott Schlichter
June 16	Jorg Aadahl	Aug. 8	Lynda Traves
	Bruce Heiman		Teresa Chung
June 17	Maloti Veamatahau	Aug. 12	Pat Allen
June 18	Judy Riedy		Elizabeth Kurr
	Lavinia Orecchia	Aug. 19	Brigitte & Pete Shearer (A)
June 20	Eni & Mele Veamatahau (A)	Aug. 24	Alyssa Rodney
June 22	Benjamin Kurr	Aug. 26	Diane & John Musgrave (A)
June 24	Kahalley Anton	Aug. 27	Fehoko Tae
June 25	Dede & Bruce Heiman (A)	Aug. 28	Bev Madden
June 29	Janie Conrad	-	Jenny & Bob Franklin (A)
June 30	Connie & Charlie Mobley-Ritter (A)	Aug. 29	Ivoni Maama

		Sat	7	9:00 a.m. Prayer Breakfast 10:00 a.m. Church Work Day 10:00 a.m. Handbell Choir Rehearsal	1410:00 a.m. Handbell Choir Rehearsal	Rehearsal	21	*Annual Conference	10:00 a.m. Handbell	Choir Rehearsal	3:00 p.m. GGRO Concert		28	10:00 a.m. Handbell Choir Rehearsal				
		Fri	9	7:00 p.m. AA	13	7:00 p.m. AA	20	*Annual	Contenence	6.00 n m Home &	Норе	7:00 p.m. AA	27		5:45 p.m. VBS	7:00 p.m. AA		
7	0.14	Thu	5	7:00 p.m. AA	12 4:45 p.m Safe Harbor 7:00 p.m. Centering	Proof p.m. Concerning Prayer Meditation Workshop 7:00 p.m. AA	19	*Annual	1:00 p.m. Little	Dresses for Africa	6:30 p.m. Trustees Meeting	7:00 p.m. AA	26		5:45 p.m. VBS	7:00 p.m. AA	6	
·	June 2014	Wed	4	9:00 a.m. Centering Prayer Meditation 3:45 p.m. Dancing 7:30 p.m. GGRO	119:00 a.m. Centering Prayer Meditation	1:00 p.m. Dayume Bible Study 3:45 p.m. Dancing 7:30 p.m. GGRO	18	*Annual	9:00 a.m.	Centering Prayer Meditation	3:45 p.m. Dancing 7:30 p.m. GGRO		25 0:00 a m	Centering Prayer Meditation	3:45 p.m. Dancing 5:45 p.m. VBS	7:00 p.m. AdBoard Meeting 7:30 p.m. GGRO	Control of the contro	
		Tue	3	7:30 p.m. Choir Practice	10 9:00 a.m. 2 <sup>nd</sup> Harvest	7:30 p.m. Choir Practice	17						24			5:45 p.m. VBS		
		Mon	2	7:00 p.m. Centering Prayer Meditation	6	7:00 p.m. Centering Prayer Meditation	16	5.00 m	S.00 p.m. Caregiver	Support Group	7:00 p.m. Centering Prayer Meditation		23 5:45 n m VBS	7:00 p.m. Centering Prayer	Meditation		30	7:00 p.m. Centering Prayer Meditation
		Sun	1	10:00 a.m. 7 <sup>th</sup> Sunday of Easter 11:00 a.m. Fellowship	8 10:00 a.m. Day of Pentecost 11:00 a.m.	Fellowship	15	10:00 a.m.	Pentecost	11:00 a.m. Fellowshin	11:30 a.m. Worship- Ministries Committee Meeting	0	22 10:00 a m 2 <sup>nd</sup> Sunday	after Pentecost	Fellowship		29 10:00 a m 3 <sup>rd</sup> Sunday	after Pentecost 11:00 a.m. Fellowship

			July 2014	014		
Sun	Mon	Tue	PeM	Тип	Fri	Sat
		1	2	3	4	5
			9:00 a.m. Centering Prayer		*Independence Day	9:00 a.m. Prayer Breakfast 10:00 a.m. Church
			Meditation 3:45 p.m. Dancing			work Day 10:00 a.m. Bell Choir
			7:30 p.m. GGRO	7:00 p.m. AA	7:00 p.m. AA	
9	7	<b>∞</b>	99:00 a.m.	10	11	1210:00 a.m. Handbell
10:00 a.m. 4''' Sunday after		9:00 a.m. 2 <sup></sup> Harvest	Centering Prayer Meditation	4:45 p.m Sate Harbor		Choir Renearsal
Pentecost	1		3:45 p.m. Dancing	7:00 p.m.		
11:00 a.m. Fellowship	7:00 p.m. Centering Prayer		7:30 p.m. GGRO	Centering Prayer Meditation		
	Meditation			Workshop 7:00 p.m. AA	7:00 p.m. AA	
13	14	15	16	17	18	19
10:00 a.m. 5th Sunday after Pentecost			9:00 a.m. Centering Praver	1:00 p.m. Little Dresses for Africa		10:00 a.m. Handbell Choir Rehearsal
11:00 a.m.			Meditation			
Fellowship	7:00 p.m.		3:45 p.m. Dancing	6:30 p.m. Trustees Meeting		
	Centering Prayer Meditation		7:30 p.m. GGRO	7:00 p.m. AA	7:00 p.m. AA	
20 10:00 a m 6 <sup>th</sup>	21	22	9.00 a m	24	25	26
Sunday after Dentecost	5:00 p.m.		Centering Prayer Meditation			10:00 a.m. Handbell
11:00 a.m.	Support Group		3:45 p.m. Dancing			
Fellowship   11:30 a m Worshin-	7:00 p.m.		7:00 p.m. AdBoard Meeting			
Ministries Committee Meeting	Meditation		7:30 p.m. GGRO	7:00 p.m. AA	7:00 p.m. AA	
27	28	29	30	31		
10:00 a.m. 7 <sup>th</sup>	°. 00. Z					
Pentecost	Centering Prayer		7:30 p.m. GGRO	7:00 p.m. AA		
11:00 a.m. Fellowshin	Meditation			7:00 p.m. Faith Talk		
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# Masterworks Chorale Presents Some Enchanted Evening

Saturday, May 31, 8 P.M.; Sunday June 1, 4 P.M. Congregational Church of San Mateo 225 Tilton Avenue, San Mateo

To conclude our landmark 50th season, Masterworks Chorale presents a program dedicated to the glories of love. Brahms' elegant Liebeslieder Waltzer and selections from Gershwin's sparkling Porgy and Bess form bookends for a program that includes the premiere of Love's Horn, a new work by esteemed Bay Area composer Brian Holmes, as well as his lovely Music of the Spheres, and Solomon's Love by local composer Angela Kraft Cross. Featured artists include Norm DeVol, tenor, and Inara Morgenstern, piano.

Tickets: \$25 advance purchase \$30 at the door

\$10 with student ID

For tickets click or call: www.masterworks.org; 650.918.6225

CRYSTAL SPRINGS United Methodist Church 2145 Bunker Hill Drive San Mateo, CA 94402

**Summer 2014** 

